



NEWS



Board of CHC (except Dr. Wolf Cyran)



Distribution of relief supplies in Marsabit

Cargo Human Care e.V.

June 2017

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Dear Members and Friends of Cargo Human Care,

In May 2017, we celebrated 10 years of Cargo Human Care!

When we founded CHC in May 2007, I never even dreamt that we would achieve everything that has since become reality. Without wanting to list all the projects here again, one thing is certain: all of that was and is only possible because so many people believed in our idea, supported us financially and actively helped us every day. Small and large sums spread across many shoulders are, in the end, what make it possible to achieve the results shown in the yellow box below! An excellent overview of these 10 years is provided in our new brochure "10 YEARS CHC".

<http://cargohumancare.one>

CHC members and friends have implemented many wonderful ideas and actions over the last ten years, to help develop our joint project. There are also very moving success-stories – one of them is Rachael's story, a 6-year-old girl who, thanks to the spirited commitment of our CHC paediatrician, Dr. Martin Krämer, can now look forward to a happy and positive future. My warmest thanks to you and your family, Martin. It is simply fantastic what you all have done. Read more about it in this newsletter and of course on: <http://cargohumancare.de/category/erwaeh-nenswert>

If you would like to be informed whenever there is news on our CHC homepage, simply click on the link above and enter an email address to which our short messages should be sent. From then on you will be immediately kept up-to-date.

In this edition, we report on this year's Annual General Meeting which took place at the WfB location in Moerfelden. The minutes and presentations from that evening can be found on our homepage.

As per schedule, the board was newly elected. Anke Gaussmann stepped down at her own request after six years as a board member. Dear Anke, I express my warmest thanks to you! Thank you for the successful cooperation in the medical team and above all also in setting up the "Medical Sponsorships" project, which meanwhile offers a future to more than 60 children and young people, and is a topic very close to my heart.

Dr. Wolf Cyran was elected as new member in the CHC board. He brings many years of "African experience" with him from his work as a doctor in Tanzania and Kenya. Dear Wolf, a warm welcome to the team.

I can promise you all one thing: even after 10 years, we have by far not yet reached our goal. On the contrary, we still have a lot planned: e.g. constructing the Happy Child School – more on this soon.

Asante Sana for your trust in our work
Your FD

Fokko Doyen, President of CHC

10 years of CHC - facts

- 20 employees in Nairobi
- 50 German doctors
- more than 200 sponsorships
- 563 members
- more than 7000 patients
- more than 3,5 Mio Euro of donation

“We still have a lot planned”

CHC Members' Meeting in Moerfelden

By Martin Schlingensiepen

Cargo Human Care's (CHC) 11th Annual General Meeting took place on 10th May. More than 40 members as well as friends and sponsors of the aid project accepted the invitation to the "Werkstätten für Behinderte" [Workshop for the Disabled] Rhein-Main in Moerfelden.

Fokko Doyen, founding member and first chairman of the board of CHC, reported on the ten-year history, the many successes, personal experiences and the numerous implemented projects as well as those planned for the future: "Everyone's commitment – that of the board, the doctors and the many Cargo Lufthanses – overwhelms me time and again. I would never have expected, ten years ago, to be standing here today with all these successes. However, we have not yet reached our goal – we still have a lot planned."

The Marsabit donation campaign alone, generated around 60,000 Euros since March - all of which can be invested completely in food for the needy in Kenya. CHC currently supports around 6,000 people in four villages in the Marsabit region, in the north of Kenya, with aid deliveries in the fight against starvation.

For the future, a new project is planned: the "Happy Child Education Centre", a school project for around 100 pre-school children on the premises of the Anglican Church of Kenia / ACK, who provided us the grounds for the building. This project will be financed a third each by CHC, the Sixt foundation and the Help Alliance.

There were further reports on medical projects, the aid for the orphans at the MMH and the youth residence JKR, construction plans, public relations and CHC's financial status. It was also time to elect the new board. Six board members were re-elected and one of the two doctors in the board was voted in new.

Two people active in CHC, were given a special mention as "Members of the Year": **Ruth Wehrkamp**, who arranges all the travel details for the doctors and active members, and **Christopher Biaesch**, who is organising the third annual Office City Run. He aims to get 1,000 runners interested this year.



Ruth Wehrkamp & Fokko Doyen



Fokko Doyen & Christopher Biaesch



The wonderful buffet

A big thanks to the "Werkstätten für Behinderte", where we could spend our Annual General Meeting this year and got a wonderful buffet.

New Activity and Office Building at the MMH

On 8th May 2017, we celebrated the finalisation of our new building. In the presence of the Bishop of the ACK, the German ambassadress, Jutta Frasch and the Deputy Governor of Kiambu County, we were able to open the building to serve its purpose, in a small celebration with children from the MMH dancing and singing. With the excellent support from the Swiss Staff Foundation for people in need, the German embassy, and the Lueneburg-Hanse Rotary Club, we were able to construct this building within a short period of time and within our own budget.

Several large rooms are a definite improvement for the MMH children's activities and schooling. In addition, our Social Workers now have new office and meeting rooms.



Opening ceremony in front of the new building



Rachael's Big Day!

By Dr. Martin Krämer (CHC Paediatrician)

Rachael is now a 6-year-old Kenyan girl. She was “disposed of” in a latrine shortly after her birth. Luckily, she was rescued, but suffered severe acid burns to both eyes. Rachael came to “The Nest”, an orphanage run by Irene Baumgartner, when she was about a year old. I got to know her there on one of our paediatric missions for CHC: She was completely apathetic, her eyes were covered in thick, white pads and she was unable to make contact with strangers. Thanks to the excellent care she received in The Nest, she developed into a cheerful, but almost blind girl. Despite 2 very painful eye operations in Nairobi, she could not really be helped. She was at risk of losing the sight in her left eye completely, because of developing growths – so we needed to get active.

I searched for an eye specialist in Germany, who was prepared to help Rachael, and a visa was applied for – both not very easy tasks, but we were successful: Professor Kohlhaas from the eye clinic in Dortmund was immediately willing to treat Rachael for free. She could only really be helped with a cornea transplant. Even this expensive operation and the subsequent week's stay in hospital were at no cost to CHC. 2.5 months of aftercare and regular checks in Dortmund followed. Rachael returned to The Nest at the start of June, with clearly improved vision.

Professor Kohlhaas has already been in contact with the doctors at the eye clinic in Nairobi regarding Rachael's aftercare. We cannot thank him and his team enough for this incredible commitment.

Our family also gained much from this time. Despite her hard fate, Rachael is such a cheerful, courageous and loveable girl. We wish her all the best, much luck and God's blessing for her future. I am already very much looking forward to the next Cargo Human Care mission, so that I can see Rachael again.

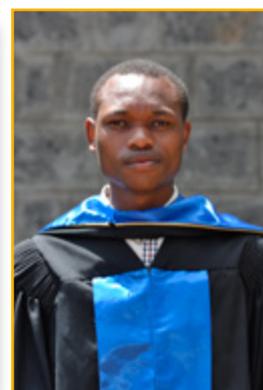


A culinary event has financed the chef training for 2 young people

Cooking for a good cause ... this was Anke Beutner's idea. She works at Plana-Kuechenland-Wiesbaden, and organised an event with star chef, Christian Juergens and his team at the beginning of May. Guests were enthusiastic about the culinary highlights presented, and not only ate superb food, but – thanks to the sponsors – the entire proceeds from that evening were donated to CHC. The donations will finance chef training for two young people from the JKR in Kenya. Daniel Nuenga and George Githingi will start their training in September 2017.



Daniel Nuenga



George Githingi



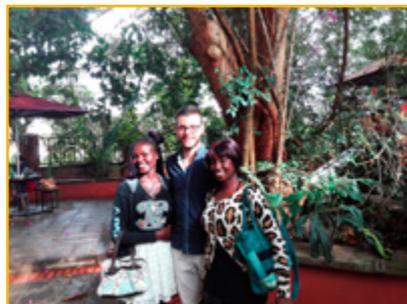
Social Entrepreneurship at the JKR

By Sebastian Peinelt und Max Hein

Social Entrepreneurship means generating positive change in society through entrepreneurial activity, and doing business in a sustainable and resource-efficient manner. The interest for this topic in the academic field is now growing. As part of their Master Thesis on the topic “Exploring Enablers and Barriers for Social Entrepreneurship in Kenya”, Sebastian & Max, together with the Managing Director of the leadership network QX Quarterly Crossing, Thomas Fuchs, and CHC Board Member, Werner Hildebrand, developed a research project which led to them spending several weeks at the John Kaheni Residence. Here is an excerpt of their report, which you can read in its entirety under:

<http://cargohumancare.de/category/erwaehnungswert>

We were incredibly warmly welcomed in the JKR, and immediately felt at home there. The fact that we had to live without running water during the first days, and were allowed to use the pit latrine, meant that we experienced daily life in Africa from the very beginning. The Alumni, the JKR management (Mary, Dan & Monica) and we grew together as part of a loving and happy family. Market visits in Kiambu, football with the lads, dancing with the girls, jointly cooking and eating, discussions about Africa, Europe, religions, cultures, dreams, and visions: every minute was inspiring and precious. The JKR is a particularly positive place and we already very much miss it and those living there.



Using the JKR as our base, we carried out numerous interviews with social organisations, educational institutions, economic experts, and students in Nairobi, in order to get as exact a picture as possible of how social entrepreneurship can work in Kenya. Above all, we were interested in which factors favour or hamper the setting up of a social enterprise, and how this knowledge could be shared locally with young adults in form of educational concepts. Whenever possible, we took

JKR Alumni along with us to the interviews. At a two-day workshop, we discussed the basics of “Social Entrepreneurship” and the Alumni developed impressive and completely comprehensive business models in small groups, very creatively and with great social awareness.

In conclusion, we invited our interview partners to an “Insights Workshop” to the JKR, to enable the Alumni and “experts” to directly get to know each other and to build up a personal contact. Social entrepreneurship is best learnt through practical inspiration and identification with successful role models. One of the teams presented their social business model there and received great respect from the participating experts.



For the long-term we want to arrange practical days in social companies for the Alumni, and to motivate social entrepreneurs to offer workshops at the JKR and present their business models. This should be part of the wonderful and valuable cooperation between CHC and QX, and offer the students the opportunity to see a founding a business as a serious and promising alternative to unsatisfying jobs or, worst case, unemployment.

In any case, it cannot hurt to reflect on one’s own qualities, dreams, and visions, one’s fellow men, as well as economic basic principles. In this way, conceivably the widespread “I come first” in Kenya could become weakened and instead a productive cooperation created, that enables communities and generates synergies.

We had a really great time and all those involved (including us) learnt a lot, laughed a lot, felt a lot and experienced a lot.



Hakuna Matata! Karibou Kenya



10 Years' of CHC – Our celebration brochure is available for order

CHC celebrates its 10th anniversary this year, and we are very proud of this fact. Together with the excellent support of the communications agency, prhamburg, we have created a brochure to mark the occasion. We presented it for the first time at our Annual Members' Meeting. The focus of this brochure are 10 portraits of children, young people, helpers and supporters of CHC.

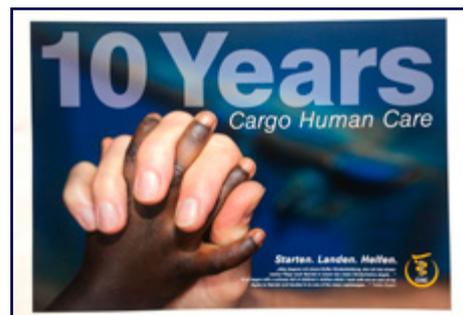
In addition, our main projects are described, and a retrospective is given over the past 10 years since the founding of CHC.

The brochure can be ordered via our CHC homepage under "news blog". You will find a special-order web-page there as well as here:

<http://cargohumancare.one/das-buch>

The price including postage is 10 EUR, or 8 EUR if collected directly from one of the three sales points at Lufthansa Cargo at Frankfurt Airport. Further information is provided on the special web-page via our homepage.

Proceeds from the sale go directly towards our various projects. We wish you much enjoyment with this anniversary brochure and thank you for buying it.



The Lufthansa Orchestra's Spring Concert with a tribute to Fokko Doyen

The Lufthansa Orchestra's traditional Spring Concert was dedicated also to CHC and our 10th anniversary this year. We sincerely thank all the Lufthansa Orchestra musicians, who pledged to donate part of the ticket income to CHC.

CHC members and sponsors were invited to a champagne reception prior to the concert. We were delighted to also be able to greet our long-standing Board Executive and Lufthansa Group Supervisory Board Chairman, Dr Juergen Weber and his wife, as well as the Lufthansa Board Executive Karl Ulrich Garnadt and Cargo Board Executive, Dr. Martin Schmitt.



News from Marsabit

By Fokko Doyen

Our third delivery of maize, beans, and cooking oil to the four villages, Karare, Kituruni, Parkishon and Kamboe, took place in the middle of May. A few days ago, we received a heartfelt letter from Bishop Qampicha from Marsabit, thanking us for our fast and efficient help. He also sent current photos which show the region in "succulent green" in comparison to our visit in March. The long-awaited rain in May and June has visibly improved the living conditions for people and animals. The people of the Rendille tribe who exist almost solely from livestock farming in this region, finally have improved possibilities again to earn their own living.

Around 50,000€ of the over 60.000€ donated to Hunger Aid Marsabit, have been spent on foodstuffs so far. In the next weeks, we will decide closely together with Bishop Qampicha, if some single deliveries are still required. In any case, the donations received will go completely towards helping the people in this region. We may put some towards supporting the "Wings Academy" school that we built there a few years ago.



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Register for the news distribution list now on the CHC homepage under "news blog" or directly here:

<http://cargohumancare.de/category/erwaehnnenswert>

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