



NEWS



Paula's Farewell party



The Lufthansa Symphonie Orchestra

OVERVIEW

Save the Date

> **24th April** Lufthansa Symphony Orchestra's traditional Spring Concert

> **08th May** World-class-level cookery event with Christian Jürgens

→ page 2

> **10th May** CHC Members' General Meeting

> **2nd Medical Camp** in the Massai Mara

Schools helping CHC

> Panorama School
> Wilhelm Busch School

→ page 3

> Goodbye Paula

> New buildings for children
→ page 4

> **Charity Appeal for Famile Relief in Marsabit**

→ page 5

Dear Cargo Human Care Members and Friends,

This year is Cargo Human Care's tenth year as an association and I believe that we can look back on a very successful time and will be celebrating the anniversary on a few occasions over the year.

Thanks to enormous support, we were together able to visibly and above all sustainably improve the living conditions for a great many people in Kenya. With the same amount of energy, we will continue to be able to do this in future.

In this vein, we have again received enormous support for our current fund-raiser to help the people in Marsabit – highly motivating for those of us on the association's board. For the second time in our association's history, a catastrophic drought has hit the north of Kenya. In order to directly supply the people in several villages near Marsabit with foodstuffs, we not only need a lot of money, but also the close cooperation of the local Bishop. In the space of only 12 days, donations to the value of more than € 28,000 have come in, and we have already sent € 10,000 / 1.1 million Kenya Shillings on its way to Marsabit. The aid deliveries can begin! THANK YOU to the 155 sponsors so far who have made this possible. We will soon be reporting on how the aid deliveries went – something that will surely be accompanying us for many months

still and which will require more donations.

What else has been happening at CHC and what we are planning for the future, will be revealed at our annual Members' General Meeting on 10th May – and, of course, in this edition of our newsletter as well as on our homepage.

For the first time our annual Members' General Meeting will not take place on Lufthansa Cargo premises, but in the Werkstätten für Behinderte / WfB [Workshops for the Disabled] canteen in Mörfelden. The reason is a very simple one: the Cargo canteen no longer opens in the evening now, and is therefore not available to us anymore. Not only Lufthansa Cargo has been working closely together with WfB since over 30 years, but we at CHC have, too. We look forward to being their guests. Invitations with directions will follow.

Heartfelt thanks for your great confidence in us,

Yours

Fokko Doyen, President CHC

Thanks!
Already € 28.686
donation
for Marsabit.

Save the date:

Lufthansa Symphony Orchestra's traditional Spring Concert

24th April 2017 at the town hall in Langen

The Lufthansa Symphony Orchestra was founded in 2011 and now consists of more than 65 musical colleagues from all kinds of countries, group companies and career factions within the Lufthansa Group. Since 2014, it has been led by the British conductor, Colin Touchin, and fascinates audiences with its highly professional performances in Germany and abroad.

A huge thank you to the orchestra which will be donating part of its takings to CHC and which has besides reserved an allocation of 70 tickets for us. To mark the occasion of our 10th anniversary, we would like to welcome you with a glass of sparkling wine prior to the concert before we all enjoy Weber's Freischütz-Overture, Vaughan Williams' Suite for Viola and Orchestra and Beethoven's 5th Symphony.



24th April 2017, Stadthalle Langen, Südliche Ringstraße 77, 63225 Langen

6 p.m. Champagne reception for CHC guests and members in the room next to the concert hall

7 p.m. Concert begins

Admission: € 12, of which the orchestra will donate € 2 to CHC

For more information and to order tickets, go to:

http://lh-orchester.de/events/fruehjahrenskonzert-2017-lufthansa-cargo-human-care-special/24-04-2017_1900/

Christian Jürgens in Wiesbaden on 8th May 2017

A world-class-level cookery event finances Daniel's and George's chef-training in Nairobi



Christian Jürgens, awarded 3 Michelin stars and 19.5 points in Gault Millau, will demonstrate his skills on 8th 2017 in Wiesbaden.

The cookery event is aimed at all those who are passionate about culinary delights and want to look over the shoulder of one of the best chefs in the world, whilst he is working.

Christian Jürgens' cuisine has been awarded the highest reviews by all renowned restaurant guides and stands for extraordinary taste, artisanal perfection and unique culinary surprise moments. It is a first-class opportunity to experience the world-class chef in action here in the Rhine Main area.

Look forward to enjoying an evening full of culinary delights

and experience Christian Jürgens and his team close-up. You can expect a 5-course menu accompanied by premium wines. The cost per person for this event is € 295.

Chef-training in Nairobi

Thanks to the sponsors Gaggenau, Plana Küchenland and Weingut Kaufmann – Hans Lang and Weingut Schloss Sommerhausen, the proceeds from that evening will go 100% to CHC, thus laying a foundation for training sponsorships related to cookery. Specifically, they will cover the chef training costs for Daniel Nuenga and George Githingi, both Year 2016 school leavers. A great event that will be worth repeating and which may motivate other companies to get creative and finance a young person's training with a CHC sponsorship.

You can find detailed information on the 08th May 2017 cookery event under www.cargohumancare.info

Please send your registration to: anke.beutner@plana.de. As there are only limited places available, we ask for your understanding that these will be filled according to first come, first served.



CHC Members' General Meeting

This will take place on **10th May 2017** in the canteen at the **Werkstätten für Behinderte / WfB [Workshops for the Disabled]** in **Mörfelden**

You are cordially invited to the Members' General Meeting 2017.

When: 10th May 2017 at 7 p.m.

Where: At the canteen of the Werk für Behinderte,
Opelstraße 19a, 64546 Mörfelden-Walldorf

After a look at the current figures and reports from our board members regarding the CHC year 2016 und plans for 2017, we want enjoy the evening together with snacks in a relaxed atmosphere.

We have successfully worked together with the Werk für Behinderte for many years and on many projects, and have gladly accepted their invitation to organise our general meeting on their premises this year

Medical care in the Massai Mara

2nd CHC Medical Camp

Equipped with a mobile kit and a great deal of experience, our two CHC doctors, Dr. Magdalene Budach (General Practitioner) and Dr. Peter Gerhards (Paediatrician) flew to the Massai Mara. In the two days they spent there, a wide spectrum of knowledge was required because they treated patients ranging from 5 weeks to 93 years old, with very differing symptoms.

Surgery on Friday morning started with a 5 week-old baby with a life-threatening illness. He was suffering from Status Epilepticus, which means that he was having a number of epileptic fits in quick succession over a longer period of time, and there was naturally no medication in the kit to treat such a severe illness. Thanks to an immediate transferral to the nearest hospital, the baby could be saved, as we were relieved to learn the next day. Most of the other patients were not so seriously ill. In contrast to the first visit in April, there were less skin conditions, but more respiratory and musculoskeletal problems. Women, who do a lot of physical work here, made up the majority of the patients. A noticeable amount of people complained of eye problems, partly inflammation, partly defective vision, and many older people were suffering from cataracts. We are therefore considering sending an optician with the team next time.



It was again a largely successful mission and a total of 92 patients were treated. The Medical Camp was very well organised by David, the local Clinical Officer, who also supported us a great deal last time.

He was the one who ensured that the people were informed of the doctors' visit, and continued treatment after the medical team left again. When it comes to "problem cases" where he needs help, he contacts our doctors directly.

However, the mission would not have been possible without the support of Joachim Pfeffer, who flew the doctors to the Mara Siria Camp, Phönix Reisen [Phoenix Travels], who arranged accommodation and catering, and the Gauff company, which covered the transport costs. Excellent team-work where everyone contributes what they do best – thank you so much!

Schools and students helping CHC

Great delight at the Christmas presents from the Panorama School

The wonderful Christmas celebration at the MMH is one of the highlights of the year for the children. The icing on the cake is when the presents chosen and donated by those at the Panorama primary school in Idstein, can be unwrapped.

CHC has been able to count on the support of the school's management, children and their parents since many years now. This year, thanks to a fund-raiser, it was possible to organise beautiful hand towels for the children at MMH. They were presented to CHC at the school's carol concert, then travelled on board of the Lufthansa Cargo freighter to Nairobi and on to the Mothers' Mercy Home.



Not just reports were handed out at the start of the year at the Wilhelm Busch School...

The 3rd February 2017 was not just report day, it was also a day of singing and the day a large donation cheque resulting from the Christmas Biscuits Sale was handed over to CHC.

Pupils from all ten classes had been busy baking Christmas biscuits in the run up to Christmas, and had sold these against a voluntary donation for the children in need in Nairobi: For ten solid days, the aroma of Christmas biscuits filled the halls of the WBS – and around 300 bags of biscuits were produced.

Brilliant! A huge Thank You!



Goodbye Paula

Farewell party for our MMH Manager

The 5th December 2016 was an impressive and unforgettable day at the Mothers' Mercy Home. Not just for Paula (whose last working day it was), but also for all those who came to say goodbye, to wish her well for her "big holiday" and to hand her gifts.

Her leaving the Mothers' Mercy Home and the Medical Centre is certainly a great loss for all of us at Cargo Human Care. For us, Paula was THE linchpin in the cooperation between Germany and Kenya. She was and is reliability itself, always punctual, never shy to provide an answer or good advice, and a role model for her staff at the MMH and in the Medical Centre – and not just there!

She is the author of the quote: "If the Germans write an email, they want the answer YESTERDAY", which local staff often like to cite. She herself has always lived by that motto, and was always quick to respond to the very many emails from Germany – even if they came late at night – quite differently to what usually happens in

Africa, where mails can sometimes take weeks or months...



Bishop Timothy Ranji found a successor for the post of Manager of the MMH and Medical Centre early on. Charity Njenga was trained on the job by Paula already since the start of last year, and we are certain that we have a worthy successor in her. Charity has also taken the many-cited quote to heart and acts accordingly.

Unfortunately, it is not the case in Kenya that workers get a good pension once they retire – nor within the Anglican Church. Instead, the tradition is that friends and colleagues give money as a farewell present. Within our

large CHC community, we also gladly joined in this tradition and collected money for Paula's retirement in a private whip-round. The sum was handed over to her at the party.

Whether it is a true retirement for Paula or a very busy retirement remains to be seen. Her husband, Paul, is convinced that it will definitely be the latter and believes that Paula will also in future continue to help those people around her, who are socially disadvantaged in many ways – and we all know: there are enough or those in Kenya!



New building for children

The new building containing large class- and activity rooms for our MMH children, is rapidly reaching completion. We are much faster than planned in our timeline, and again under the budgeted costs. We will soon report on its completion and inauguration.



Charity appeal for famine relief in Marsabit

As you have already read in the press and know from our fund-raising campaign launched on 28th February, once again a catastrophic drought has hit large areas of East Africa, and has already claimed lives.

At Cargo Human Care, we feel responsible for those people who we were already able to help in the famine of 2011, thanks to your donations, and who are hoping for our aid. We are in close contact with Bishop Martin's successor, Bishop Qampicha Daniel Wario.

The most important logistical questions have been clarified.

Thanks to your spontaneous help, we have already been able to arrange for the first aid deliveries.

You have donated more than € 28,000 already and we have transferred € 10,000 to cover the first deliveries to Marsabit. Incredible support in such a short time, however we also do not have much time left!

Due to your donations, we feel able to oblige the Bishop's request to not just help those two villages known to us, but also two more villages. As always, it is our aim to use the donations money extremely effectively and to ensure that it **ALL** goes directly to those people in need.

If you want to support us, then the best thing is to do so immediately as we need to help quickly!

We request that you arrange a bank transfer to one of our accounts, stating the key words "Hunger Aid" or "Marsabit".



Distribution of relief supplies in 2011