



NEWS



Karare: Visiting the new school



Inauguration at Nursery School

Cargo Human Care e.V.

December 2012

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Dear Members and Friends of Cargo Human Care,

Even at the risk of repeating myself ... the year 2012 now drawing to a close, was a highly successful and eventful year for CHC.

Thanks to your help, we were able to set a great deal in motion for the people in Kenya who have come to mean so much to all of us. I would like to use this Christmas newsletter to express my sincere thanks to you all and encourage you to continue to support CHC so generously.

A brief review: After setting up CHC Hunger Aid in August 2011, and providing food over a period of four months to the people of two villages, we focused on two sustainable projects in 2012 for precisely these people.

The opening of the "Wings Nursery School" was an extremely moving event! CHC has really made a difference here! My thanks above all go to Gerhard Meyke and Joachim Pfeffer, who were at the forefront of this project. Joachim Pfeffer was awarded the "CHC-Member of the Year 2012" medal at the ceremony. The planned well-drilling will start soon and will ensure the supply of water for the people and animals there.

Read about the new kitchen construction for the MMH. The foundation-stone will be laid at the start of 2013. At the same time, we will build a bio-gas plant for the energy supply.

Our Medical Centre expanded not only numerically in 2012 – we treated on average more than 2000 patients per month. New developments also include the laboratory, immunisations, family-planning, pre-natal care and diabetes out-patient clinics.

The "Medical Sponsorships" project has also grown strongly in 2012. We currently have 27 sponsored children! Aside from the medical emergencies, these also in

clude socially-disadvantaged children. An appeal for sponsorship is again included in this edition.

Once more, in addition, a short update on the preparations our two members Jörn Theissig and Dr. Christoph Kurth are undergoing for their Yukon Arctic Ultra Charity Run 2013. If you are still looking for a very special Christmas present... We would again like to offer you a Mile Certificate for the mile of your choice from 1 to 430.

Of course, we currently have a number of other smaller and larger projects running where we are looking for contributions, such as Martin Schlingensiepen's "Christmas Donations Appeal".

The CHC-Board would like to thank you for your invaluable support during this year: THANK YOU and ASANTE SANA. We and the people of Kenya would be delighted if we could count on your support again in 2013.

Sincerely

Your FD

And the latest news: You can now find us on [facebook](http://www.facebook.com/CargoHumanCare) at <http://www.facebook.com/CargoHumanCare> A big thank-you goes to Karin Thormählen for this!

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Operations were made possible during January – October

Foreword of Bishop Robert Martin

Bishop Martin (ACK Diocese of Marsabit)

A new Nuery School has been built and opened in Karare, one of the largest Rendille villages on Mt. Marsabit. I want to thank Cargo Human Care and their supporters for their great generosity in funding this new school.

This is a hugely important step forward for the community

here. Almost all the ladies and most of the men from these communities are illiterate but hope for a better future for their children. Education opens up so many possibilities for them and you have enabled it to happen. Thank you. Bishop Robert Martin

A long way.

Opening of the “Wings Nursery School” in Karare in the north of Kenya

By Gerhard Meyke and Fokko Doyen

The adventure began on the morning of the 6.11. at Wilson Airport in Nairobi. We set off towards Marsabit at 8.00 a.m. in Joachim Pfeffer’s plane, our consultant and engineer in Kenya. Christiane Flamme de Gonzalez from the Board of Trustees from the Kröner Foundation which is a major co-funder of the school, Fokko Doyen, Michaela Gerber and Gerhard Meyke were also on board. We had a good landing despite the low-hanging clouds and were met by jeep by Reverend Jeremiah and Rev. John. After Bishop Robert Martin and Rev. Guyo joined us, the nine of us travelled by jeep 50 minutes over a trough- and hole-ridden track to the Nursery School, 30 kilometres away. From January 2013, around 70 children from the neighbouring villages will go to school here and their journey will be shortened from c. 8 km to max. 4 km.



After the final acceptance, the official part of the inauguration began. Rev. John opened the small ceremony which was attended by all the elders from the surrounding villages, with a short speech. The festively-decorated Rendille women and children sat a little way off since, according to tradition, they are not allowed to participate directly in the celebration. However, they performed three songs after the official speeches by the chief of the villages and Bishop Martin. The subsequent speakers emphasised the importance of education and called for the elders to allow the children to go to school, something which is unfortunately not a given amongst the Rendilles. At the end, Rev. Jeremiah even broke with tradition in that he called on one of the mothers to also say a few

words, despite women not being permitted to speak at such events.

The symbolic ribbons in front of both school doors were cut by Fokko Doyen and Gerhard Meyke and the school



thus handed over to the children amongst much jubilation.

On the way back, once again being vigorously shaken about due to the state of the road, we flew back to Nairobi with a great many emotional impressions as luggage.



More information in German [here](#)



Asante Sana Joachim Medal of Honour “CHC-Member of the Year 2012“.

By Fokko Doyen

During the Opening Ceremony of the Nursery School, Joachim Pfeffer was presented with the CHC-Member of the Year award. Joachim has been advising us for more than one year on all building plans for the Mother's Mercy Home and in Karare, negotiating with companies and supervising the contracted work. His ongoing, time-intensive commitment is voluntary.



Reports confirm promising drilling sites Well-drilling in northern Kenya can start

By Gerhard Meyke

As reported several times already, we wish to ensure that the people of Karare in northern Kenya have access a water supply. A specialised company provided us with two hydro-geological and geo-physical reports this summer, for the area around Marsabit. They recommended promising drilling sites. We have now applied to the responsible water authority to start with the first boring, and expect a permit soon. We then hope to be able to commence drilling to a depth of up to 250 metres in December.

What's next at Mother's Mercy Home? Financing and implementing the Master Plan

By Gerhard Meyke



Fotografie: U. Wenzel

Good news! The construction plans presented to the General Assembly in May, have been approved by the responsible authorities. However, since bureaucracy in Kenya has its own special regulations, five departments of an superordinate authority still have to give their approval – subject to fees – so the process is still on-going. Following the authorisation, the new kitchen and the bio-gas plant will be implemented in the first step.

At this point, a heart-felt "thank you" to the Rotary Club of Kaufbeuren, who decided to finance the planned bio-gas plant in MMH.

The system will be implemented immediately upon completion of the kitchen building. The aim is to stop using wood stoves and instead use bio-gas when cooking for the 111 children of the MMH.

Education is what remains Looking for sponsors for under-privileged children

By Dr. Anke Gaussman

Without a Secondary School certificate, it is almost impossible to get a work-contract in Kenya. Upon successful completion, there are a number of further-education possibilities: either in artisanal training facilities, in a further education establishment – college, or directly within companies, e.g. hotels or workshops.

Aside from the children from the MMH who will be moving to further education, we would also like to offer orphans from the immediate vicinity of the MMH the possibility to attend a Secondary School. We are at present looking for a sponsor for Martha Njeri Wambui, aged 16. This orphan lives with her grandmother who also cares for her 4 other grandchildren, in Kabakuku. Martha already attends the Secondary School, but since her aunt who was supporting her, died, she can no longer afford to pay the school fees.

It is our goal to help the orphans to lead independent lives and enable them to stand on their own two feet. Attending Secondary School is an important prerequisite. With a contribution of 25 € per month for school fees plus food and clothing, Martha's education would be secured. For information on sponsorship program for medical emergencies and socially disadvantaged children contact Dr. Anke Gaussmann. anke.gaussmann@t-online.de

[More Infos](#)



Arctic Ultra Charity Run is on track

By Martin Schlingensiepen



1 mile for CHC

In 2 months' time, both our members, Jörn Theissig and Dr. Christoph Kurth, will set off for their big adventure. All preparations are in full swing. On the one hand, physical fitness is at the forefront, and, as Jörn nicely stated in his recent interview with the Frankfurter Allgemeine Zeitung; "there's already a fan-club in the Frankfurter city forest, that await him at the weekend to watch him trailing car-tyres for kilometres through the woods". A highlight in December will be a longer training session in the Black Forest in live conditions, where equipment and operational processes will be tested. Of course, there will not be high minus-degrees in the Black Forest - this climatic challenge will come in February in the Yukon. On the other hand, the logistics need to be clearly defined to avoid every superfluous gram, but at the same time ensuring that nothing is missing from the equipment.

More details can be found [here](#).

Our CHC Homepage-monitoring shows that 25% of our visitors also look at the Arctic Ultra page. Following the publication of the long article mentioned above, including a photo, in the FAZ / Frankfurter Allgemeine Zeitung, we have noted 20% more visitors to our homepage, who specifically clicked on the Arctic Ultra page. We are registering an increase in inquiries

from print media and TV. It is great to see that our runners' dedication is gaining such attention.

Christmas Donations Appeal

By Martin Schlingensiepen

The year is drawing to a close, the preparations for Christmas are underway and the appeals for donations for all kinds of projects and organisations are piling up. We would also like to remind you of our current projects, our orphanage, the medical centre as well as our commitments in northern Kenya.

Why are we currently asking for donations? What is planned for 2013?

§ The Nursery School in Karare has been opened and now needs to be made ready. Costs will still be incurred for classroom equipment as well as uniforms for the children.

§ We are drilling an over 200 metre deep well in northern Kenya.

§ The Master Plan for the extension and renovation of the MMH and the Medical Centre is looming. We will require a considerable amount of money for this in the coming year.

How can you donate? In addition to the familiar account details, we have also set up a special account for the [Arctic Ultra Charity Run](#).

Donate and give one or more miles – you can, of course, also do this as a team. We recently received a mile-donation from a company for 15 miles.

And our Wall-Calendar 2013 is naturally also available for sale. It has again turned out very well and will grace the walls of any office or flat; an object guaranteed to draw attention.

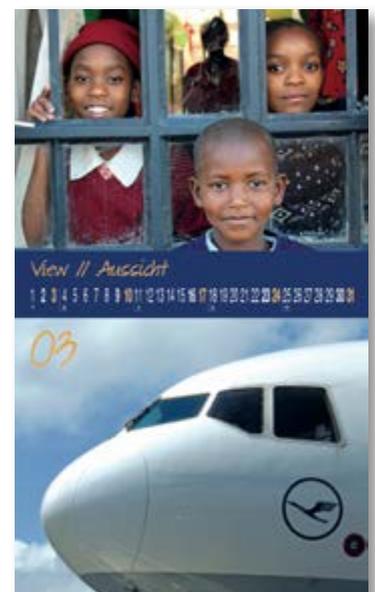
Thank you kindly for your support.

CHC Calendar 2013

A Christmas gift for people who care

Two worlds that could not be more different and yet are closely linked to each other. Expressive aviation photography in combination with impressive snapshots of the CHC projects in Kenya.

Treat yourself and others. Calendars can be ordered at a cost of 15 € incl. P&P on our [German Homepage](#)



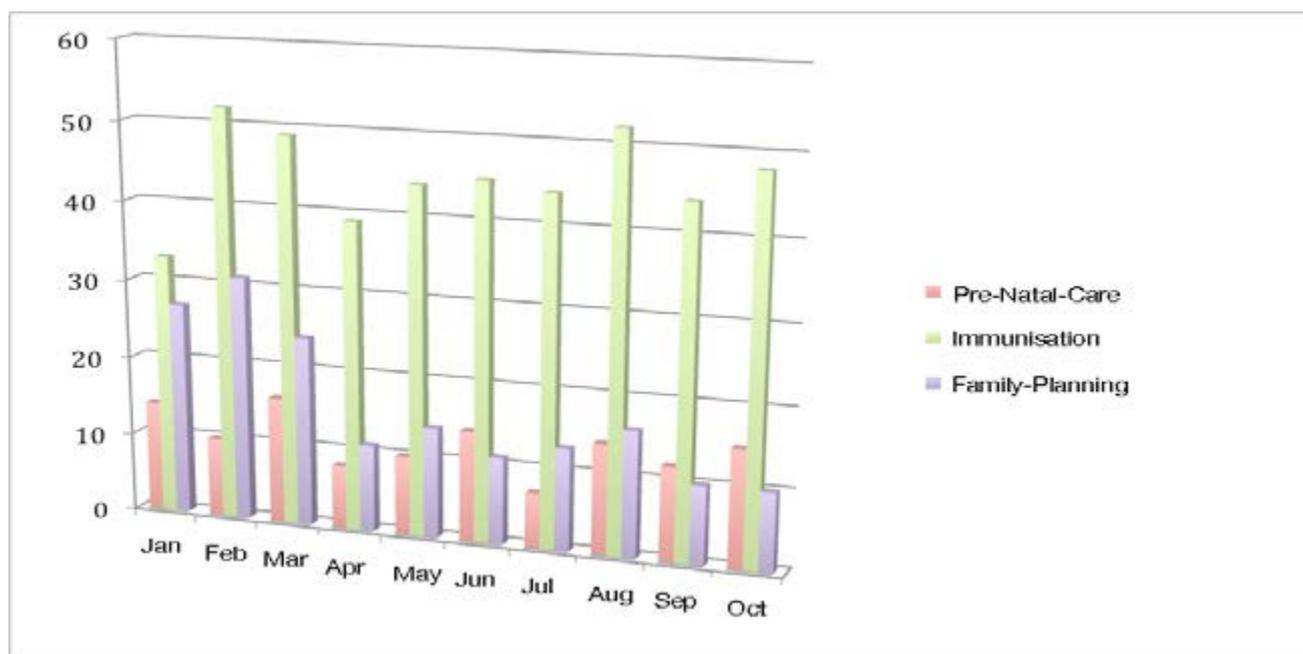
Facts & Figures

CHC Medical Centre Patient Statistics January to October 2012

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Men	481	652	794	587	640	581	706	795	658	801			6695
Women	1147	1482	1631	1272	1356	1271	1489	1564	1387	1737			14336
Children	262	396	434	262	224	259	305	352	231	263			2988
Total	1628	2134	2425	1859	1996	1852	2195	2359	2045	2538	--	--	21031

Preventive Medical Care on offer in the Medical Centre

Immunisation, an important part of prevention



EVENTS

ART FLYMED

Vernissage at the Fliegerärztlichen Untersuchungsstelle, Untere Schweinstiege 8, 60549 Frankfurt / M.

A combination of art and photography on the subjects of flying and the CHC projects in rooms at the Flymed, from 21.11. until the end of March.

All interested parties are welcome to visit the exhibition

Like us on Facebook

<http://www.facebook.com/CargoHumanCare>

Brand new! CHC is now also available on Facebook.

Karin Thormählen, our grandiose and tireless volunteer-webmaster has set up a wonderful page enabling us to quickly publish news, events and loads of wonderful pictures of the CHC projects.

Support us by clicking LIKE because the more movement on the page, the better CHC can be located on the Internet. Naturally the quarterly newsletter keeping you informed of all activities to date will continue to exist in parallel.